

HQ
1060
A27
NO. 33

UNIVERSITY
OF MICHIGAN

1957

LIBRARY

Aging

U.S. Department of HEALTH, EDUCATION, and WELFARE

No. 33 — July 1957

Detroit's Kundig Center Develops A "Campus Residency Plan"

Perhaps the most outstanding feature of Detroit's Kundig Center, which was opened in April 1954, is its Campus Residency Plan. Father Wilbur Suedkamp, Secretary of Catholic Charities of the Archdiocese of Detroit explains how the idea originated. At the outset, the program of the Center (which is open to men and women of all faiths) was geared to the conventional recreation, job counseling and hobby activities. It provided information to those wishing to enter one of the homes for the aged operated by the Diocese, and also acted as a housing registry listing names and addresses of families wishing to provide rooms for the older people.

In the course of his investigations, however, Father Suedkamp came up against some sobering facts. "You have no idea," he says, "of the dirt and misery, the poor diet and utter neglect of elementary health measures that I found among retired people trying to live by themselves. They wanted to be independent, they dreaded the restraints of an institution, they had no wish to impose themselves on their children, even if they might, but they did not know how to manage."

The essence of the plan, which has been in operation for three years is this: For its participating members warm, clean rooms with adequate bath facilities are found in the neighborhood within walking distance of the Center. The Center then provides three meals a day, at minimum cost, prepared by a competent chef. Basic medical care in emergencies is provided as well as preventive checkups by visiting nurses through arrangement with the Visiting Nurse Association of Detroit.

Emphasis is placed on the physical and psychological value of walking each day to the Center. (Only rarely has the weather been so bad as to make it necessary to improvise emergency transportation.) The Residency Plan assures an adequate and balanced diet as well as decent living quarters. It also offers the club-like advantages of a well-organized day center. In effect, it serves all or most of the purposes of an old-age home without its institutional features. Furthermore, it is much more elastic than a home which, depending on its size, can care for only a limited number of residents, and for which there is usually a long waiting list.

Beyond the provision of meals and medical-nursing service the Center offers a recreation-social program, an adult education program, and a constructive arts and crafts program. These, of course, are open to all members of the Center, the great majority of whom are not involved in the Residency Plan. Personal counseling service and legal advice are also available to those who wish to take advantage of them. Matters relating to Social Security benefits or Old-Age Assistance are arranged for, and the Center keeps in close touch with the Michigan State Employment Service for possible job opportunities.

On the matter of employment Father Suedkamp is frankly skeptical of the ability of older people to "keep up with the pace set in industry". A far more realistic approach, he feels, is the Center's Sheltered Workshop, geared to its arts and crafts program which is under the direction of an art and crafts instructor. So far the Center has sponsored three successful arts and crafts exhibits

(open to all older people in Southeastern Michigan), and the products of the Center Arts and Crafts classes have been placed on sale in the Center's shop. Efforts are being made to determine the sort of objects that can be made in the workshop which will prove both useful and marketable, and it is hoped some merchandising plan can be worked out that will provide a source of income to retired people.

Considerable stress is placed on religion. The Center is located in the shadow of a parish (Catholic) church, though the religious programs of the Center itself are strictly interdenominational.

The Center has a full-time Director, James T. McCuish, who shares with Father Suedkamp responsibility for the counseling services. There is a full-time and part-time cook, the above mentioned part-time art and crafts instructor, and some 35 volunteer workers who help with the various programs. At least one nurse (sometimes two) from the Visiting Nursing Association comes to the Center each week, as does also a volunteer physician who works closely with the V.N.A. Legal advice, other than on routine matters, is provided without charge by the Catholic Lawyers' Guild of Detroit.

For the dining room, a nutritionist from the V.N.A. consults with the cook on diet. Government surplus food is utilized in the program. In a 6-month period (Jan. 1-July 1, 1957) 17,100 meals were served.

The Center is housed in what was formerly an abandoned recreation building owned by the Church and was entirely redecorated for the purpose. Financial help is received from four sources: The Archdiocesan Development Fund; the incomes from the residents which include OASI benefits and Old-Age Assistance payments; the United Community Services of Detroit; and voluntary contributions through the Martin Kunding Guild.

During the past year the Center has provided counseling services for some 2,530 individuals, and an art and craft adult education and social program, with a monthly attendance averaging 1,240 people. Membership in the Campus Residency Plan currently numbers 44 and is growing steadily.

Further information may be obtained by writing to Father Suedkamp at the Center, 2936 Ash St., Detroit 8, Michigan.

Most recent available Census figures (July 1, 1956): there are now 14,426,000 persons in the U. S. 65 or older; and 21,228,000 60 or older.

Progress in Rhode Island

A letter from Mrs. Mary C. Mulvey, Chairman on the Rhode Island Committee on Aging, summarizes some of the recent program developments in that State. A reorganization of the Committee last fall brought in Dr. Herman Kabat as the new Executive Director and Mr. Gilbert Siiro as Assistant Director. A new bureau has been established within the Department of Welfare, known as the Bureau of Rehabilitation and Service for the Aging in which Dr. Kabat also serves as Medical Director and Mr. Siiro as its State Rehabilitation Coordinator. The Committee itself functions in an advisory capacity to the Bureau.

The Committee was active in helping to launch The Age Center of Rhode Island, Inc. which opened in April. This is an affiliate of the Age Center of New England (see *Aging* 23) and is being financed and operated under private auspices.

During February and March, the Committee broadcast a series of specially prepared Friday morning television programs covering all major aspects of the aging problem over Station WJAR-TV, under the title "Education for Later Maturity" and for which the chairman acted as hostess.

Other developments include:

Opening by the State of a new 310-bed Geriatrics Hospital for Mental Disease. The building is scientifically designed for old people, and staffed to bring intensive mental treatment to older women. A similar Geriatrics Hospital is being built for men in which a Rehabilitation Center will be included.

The Province Housing Authority is planning to build two public housing units especially designed and earmarked for older people.

The Providence School Department is accepting adults as day students in all their high schools, free of charge. Several older people have already taken advantage of this opportunity. They may attend classes for cultural purposes, vocational purposes or for personal improvement.

The Volunteers of America are conducting an on-the-job-training program for retired workers, with the objective of placing them into regular employment in industry upon completion of their training. Plans are being considered to develop further the Volunteer program for community service by older people.

The Day Center, which is operated by the Providence Recreation Department is flourishing. The Recreation Bus transports senior citizens free of charge from all parts of the state.

Other subcommittees are busy working in various areas.

The address of the Committee is 40 Fountain Street, Providence 3, R. I.

Mountainview: The Metamorphosis Of a County Home for the Aged

In 1951, a survey of health and welfare services in Spartanburg, S. C. reported thus on the local county home: "This institution still operates at a 'poorhouse level'. Prison labor does the work. The place is clean but barren. The inmates are treated kindly but there is no activity program and little for them to do except listen to a radio".

Today Mountainview, as the home has been renamed, is an up-to-date home for the aged with a capable staff, headed by Miss Laura Moody, modern facilities throughout, a sound activity program with an emphasis on convalescence and rehabilitation. How this metamorphosis took place is told in a recent communication from Paul E. Parks, Executive Secretary of the Council for Spartanburg County:

"In December 1952, following the publication of the survey, the Council, which had been in existence only a year, was formally requested by the County Delegation (legislative body) to study the Home and explore the feasibility of turning it into a facility for the chronically ill.

"In February 1952, a committee was appointed to work on proposed changes in the County Home operation. The County Welfare Department was asked to begin an individual case study of residents at the Home to determine whether or not they might be cared for in other ways. The final committee report was completed in November, 1953. In December of that year, the group met with the Delegation and County Board, and urged adoption of its major recommendations. These included:

"(1) That the County Delegation and the County Board of Control request an appropriate, privately financed, county-wide, non-profit organization to select a group of responsible citizens to make up a Board of Directors who will establish a non-profit corporation for the purpose of operating an institutional service to the aged and chronically ill in Spartanburg County.

"(2) That the County lease the home to the newly formed private group and make renovations to the building as suggested in the report.

"(3) That all of the present residents in the County Home be cared for in the new program and that those eligible for public assistance be encouraged to apply for such assistance.

"(4) That the new board employ a well qualified executive to administer the new program.

"The Delegation, early in the new session of the Legislature, adopted the report and enacted enabling legislation including financing. The

supply bill provided operating funds and \$250,000 for capital improvements. Legislation enacted became effective on July 1, 1954.

"Even before the Legislature's target date, the Council moved ahead to lay groundwork for the new operation. An organizing committee was set up and later became the first board of directors. This group applied for a charter under the designation Community Service for the Aging, Inc.

"Since then progress has been rapid. The name, Mountainview, was devised to underscore the new policy of making it a *home*—a pleasant place to live. Prison labor has been replaced. The rooms are not just clean, but attractive, too; light, cheerful and colorful. New hospital beds, bedside tables and lockers, give residents a chance to 'move in' with their belongings and the momentos which often mean so much to the elderly. Attractive dining rooms, a well-equipped laundry and kitchen make service easier and more economical. Residents no longer simply vegetate, their world hemmed in two feet from the sides of their cots. Red Cross Gray Ladies bring friendly visits and a bit of extra attention. Organizations in Spartanburg County, for the first time, are recognizing the need, and their responsibility, to include Mountainview and its residents as a part of the community.

"Of the 60 residents at Mountainview, the vast majority receive monthly payments from the Welfare Department. Except for a small amount which the resident keeps as pin money, DPW funds are used as 'rent' by the residents. In some cases families may supplement this amount, or additional funds may come from social security. County operating funds come as deficit financing.

"Mountainview is no longer a custodial care center only. The medical and nursing staff has as its single most important job the task of keeping residents active, alert and on their feet or restoring them to some degree of activity. The staff hopes, wherever possible, to return residents to normal community life in normal family settings.

"The change which has come over many residents who entered the home as bed patients and are now able to take part in limited recreational activity, walk to the bathroom, dining room, and through the sunny wards of Mountainview, points to a marked degree of success in Spartanburg's 'new look' for a county home."

Community interest in the whole "aging problem" is also on the increase, according to Mr. Parks. Last January, the Council sponsored a Community Workshop on the Aging at the Bethel Methodist Church which was attended by 126

(Continued on page 8)

Aging

Issued Monthly by the
SPECIAL STAFF ON AGING

U. S. DEPARTMENT OF
HEALTH, EDUCATION, AND WELFARE

Marion B. Folsom, Secretary

No. 33—July 1957

AGING is a medium for sharing information about programs and activities among agencies and organizations in the field, their staffs and board members and other interested individuals. Communications and items suitable for publication should be sent to The Editors of *Aging*, Department of Health, Education, and Welfare, Washington 25, D. C.

Subscription \$1.00 a year, 25 cents additional for foreign mailing; 10 cents for single copy. Send to Superintendent of Documents, U. S. Government Printing Office, Washington, D. C. The printing of this bulletin has been approved by the Director of the Bureau of the Budget, August 13, 1954.

National Dairy Council's Program on Nutrition For the Older Adult

"Adults over 40" is one of the major health education programs conducted by the National Dairy Council of Chicago and its 89 Dairy Council offices throughout the United States. The program focuses on the nutrition problems of the older adult and is geared to reach large organized groups in industry, civic groups, churches, etc. Special emphasis, according to Miss Nancy Carter of the Council's Department of Program Service, is given to "finding effective ways of reaching the senior citizen".

"Frequently, the Dairy Council nutritionist," Miss Carter says, "has assumed leadership in stimulating interest in the organization of senior citizen groups. These groups can then be reached through a cooperative community health program beamed toward the older adult.

"County and city health department officials, recreation center directors, nursing home managers, dietitians, nurses, doctors, home demon-

stration agents, home economists and Dairy Council nutritionists, working cooperatively, have developed many special programs devoted to the health and nutrition problems of the aging."

The following summarizes briefly some of the local level Dairy Council nutrition programs in process to stimulate community action in this area of health education:

(a) Senior Citizens Clubs are being reached with materials and films directed to the importance of good nutrition in the golden years.

(b) Television and radio programs such as panel discussions and special series directed to the senior citizen are being conducted.

(c) Assistance in menu planning and counsel concerning other nutrition education problems are being given to old-age and nursing home directors.

(d) Window displays, emphasizing the importance of good nutrition for the older adult, are being placed in banks, stores, civic and recreation centers as well as libraries.

(e) Counsel on program planning and in workshops regarding the food needs of the older adult have been rendered to civic, church, dietetic and nursing group leaders.

More information on the program may be had from Miss Carter at the National Dairy Council, 111 North Canal Street, Chicago 6, Ill. The Council publishes an interesting bulletin on nutritional matters for which Miss Carter will probably be glad to put you on the mailing list.

Ontario Holds Its First Conference on Aging

The First Ontario Conference on Aging was held at the University of Toronto, under the aegis of University Extension, from May 31st to June 3rd, 1957. Purpose was (1) to find out what the problems of aging in Ontario are, and how to go about getting solutions for them; (2) to provide an opportunity for those working in this field to learn of each other's activities and discuss future cooperation.

The Conference was authorized and promoted by a General Committee made up of representatives of voluntary and service organizations, religious bodies, professional and business associations, labor, business and industry, federal and provincial government departments, and interested individuals. The four main sections covered were (1) Cost of Living and Retirement Income; (2) Housing and Living Arrangements; (3) Community Services; (4) Employment, Unemployment and Retirement; (5) Care, Treat-

ment and Rehabilitation in Hospitals and Homes. Speakers at the Conference were all authorities on various aspects of old age from Canada, the United States and England. Registration ran to some 500, including representatives of senior citizens' groups throughout the Province. At the concluding session over 50 resolutions were presented by the sectional groups, the implementation of which becomes the responsibility of the General Committee.

Chairman of the Conference was J. D. Griffin, M. D. Mrs. Jean Good was the Planning Director. The address of the University Extension is 65 St. George St., Toronto 5, Ontario, Canada.

The Way the Wind Blows

At the *Annual Meeting of the Gerontological Research Foundation*, held in St. Louis on May 24, 1957, awards for outstanding work in the field of Gerontology during the past year were presented to Dr. Wilma Donahue, Chairman of the Division of Gerontology of the University of Michigan and Director of the University of Michigan Annual Conferences on Aging; the Honorable Thomas C. Desmond, Senator of the State of New York, who has for a number of years served as Chairman of the New York State Joint Legislative Committee on Problems of the Aging; and Dr. Clive M. McCav, Professor of Nutrition at Cornell University who was also the principal speaker of the evening.

The Meeting was held at the close of a three-day Post-Graduate Course in Geriatrics Medicine conducted by Washington University School of Medicine, Division of Gerontology, under the sponsorship of the Division of Health of the Department of Public Health and Welfare of Missouri and co-sponsored by the Gerontological Research Foundation and others.

★

A 2-week, 3-credit course on aging will be conducted at the *South Dakota State College of Agriculture and Mechanics Arts at Brookings, S. Dak.*, July 15-26, inclusive. Co-sponsored by the division of nursing, departments of education and sociology of the College, it will cover the major phases of the entire problem. Material included in the first week is designed especially for public school personnel. Public school administrators and teachers who participate during this period may earn 1½ credits. Genevieve R. Soller, Nursing Consultant of the Chronic Disease Program, Public Health Service, D/HEW, will serve as coordinator of the workshop. For information, address the State College.

Note to Contributors

Announcements of forthcoming conferences, meetings, extension courses, etc. are often received in our office too late to be printed in other than the past tense. To meet rigid G.P.O. printing schedules our deadline must be set around the first of the month preceding the date of issue. Therefore the news of an event to take place in, say, September should be in hand, if possible, by August 1. ED.

A short course on *Organization and Administration of A Home for the Aging* will be presented at Dillsburg, Penn., July 15-19, for organizers of Homes for the Aging, Superintendents, Board Members, social workers, and volunteers. For additional information, write to the instructor, Wm. T. Swaim, Jr., Sec'y, Presbyterian Homes of Central Pennsylvania, at Dillsburg.

★

During June, the *General Extension Division of the University of Minnesota* offered a 2-day "Continuation course on Recent Developments in Nursing Home Care" in cooperation with the State Departments of Health and Welfare, the University of Minnesota Hospitals, and the Minnesota Association of Nursing Homes. Information may be had by writing to the Center for Continuation Study at the University, Minneapolis 14.

★

"Emeriti for Employment" is the title of a memorandum transmitting a roster of names and specialties of more than 400 retired college and university professors who are available for new appointments. The list is compiled by *The Emeriti Employment Registry*, Box 24451, Los Angeles 24, Calif. Director of the Registry is Dr. Constantine Panunzio who is pioneering the development of this and related services. Institutions pay \$10 for the use of the Roster.

★

Hamilton, Ohio celebrated, June 2, the opening of its New Senior Citizens Center, located at Ross Ave. and South "C" St. with an "Open House".

★

The Cause of Housing for Single Persons of All Ages is an organization concerned with promoting housing designed for the purpose indicated, especially for business, professional and retired women. Its Legislative Representative, Mrs. Jency Price Houser, will be glad to put you on her mailing list if you write her at 1420 New York Ave., N.W., Washington 5, D. C.

During the Spring an 8-week course in "Development and Administration of Social Programs for Older People" was offered by the *University of California Extension Division in San Francisco and the School of Social Welfare*. The course was in the charge of Miss Florence Vickery, Exec. Dir. of the San Francisco Senior Center, Aquatic Park, and was directed to "professional and volunteer leaders of social and recreational programs in churches, community centers, public recreation centers, hospitals and homes for the aged".

★

The magazine *Horticulture* for May tells how senior citizens in Cleveland are enjoying gardening and making a contribution to their community by giving time to the 1,000 acre Holden Arboretum, where they carry out practical lessons in horticulture under the guidance of garden club members. If you are interested in how this group participation works, write to Mr. Lewis F. Lipp at the Arboretum, Mentor, Ohio.

★

Pasadena (Calif.) is to have a Senior Center to be built with bond money and maintained by the Park Department. Plans for a multi-purpose building have been endorsed by the Recreation Commission, and will be located close to the center of the over-65 population. For details, write Walter S. Young, Recreation Commission, Pasadena.

★

The *American Society for the Aged Inc.* is planning a conference on retirement villages at its Palm Beach, Florida center sometime in the fall. For information write to Harry A. Murphy, Executive Director of the Society at 55 W. 42nd St., New York 36.

★

A *Toledo (Ohio)* engineer, John Selden, is a firm believer in attacking the so-called aging problem at the 40 plus level, with special emphasis on square-dancing as a basis for promoting "physical, emotional and mental health and zest for living in the second half of life". A "Life Enrichment Clinic" which he has organized at the St. Paul's Methodist church is a thriving affair dealing with all phases of preparation for retirement. More recently he has applied for a grant from the Research Foundation of the University of Toledo to make a scientific study of the value of square dancing "after 40". His address is care of the Foundation, Toledo 6.

Don't forget to renew your subscription to *Aging* promptly. Remember, only one notice of expiration can be sent to subscribers.

New Films and Tape Recordings

None to Trouble Nobody, a British film on housing (16 mm sound, 20 minutes) is now available through the British Information Service, 45 Rockefeller Plaza, New York 20 at a rental cost of \$3.50.

★

Available on loan from the Wm. S. Merrell Company, pharmaceutical manufacturers:

Problems of the Mind in Later Life, a film report on the 1956 Merrell Symposium on Constructive Medicine in Aging, summarized by Dr. Edward J. Stieglitz; 30 minutes.

Also two tape recordings: *Concept of Constructive Medicine*, by Dr. Stieglitz, 20 minutes; and *Consequences of Anxiety: Emotions and the Heart*, by Dr. Edward Weiss, 32 minutes.

Address the Department of Professional Relations, Audio-visual Section of the Company, Cincinnati 15, Ohio.

Books, Pamphlets and Reports

Retirement: A New Outlook for the Individual by Gifford R. Hart. New York: Harcourt, Brace and Company. 1957. Pp. VIII + 179. \$3.95. This little account of the philosophy and experience of a business executive during the period in which he was retiring and during his two years of retirement should become a significant document for all who are going to retire (nearly everyone should, says Mr. Hart) and for scientists who are trying to learn about retirement. While he freely recounts many agonizing hours prior to the event, author Hart in retirement becomes eloquent over the satisfactions of freedom from what he calls the competitive struggle, over the opportunity to order his own leisurely life, to enjoy family and friends, and to serve his community. He gives a considerable amount of friendly and forthright advice on when retirement preparation should begin, on retirement planning and budgeting, on "cutting the umbilical cord with the office," and on prevention and treatment of retirement shock. The approach and the presentation are refreshingly new.

★

Published in June was Frances Lomas Feldman's *The Family In A Money World*. New York: Family Service Assn. of Amer. 1957. 188 pages. \$2.50. This is a handbook written primarily for counselors, caseworkers, and others whose job it is to help families work out their problems, the principal one of which, according to this author, is money. The book offers in handy form a good deal of sociological information about the family,

psychological data concerning human needs, and much data on sources of income, how to get it and how to live within it.

★

Housing for the Elderly, is a compact 16-page pamphlet issued by the Federal Housing Administration which outlines FHA's liberal mortgage insurance programs to help provide home ownership and comfortable rental quarters for older persons, made possible by recent legislation of the Congress. Question and Answer method plus cartoon illustrations make it easy to grasp the essential points. Single copy, 15 cents through the Government Printing Office, Washington 25, D. C.

★

The Virginia Department of Welfare and Institutions has issued a directory of homes (including boarding homes) for the aged, nursing homes and mental hygiene facilities within the State. Carries a brief summary of admission provisions. Similar listings from all States are very much needed. What can you do to interest your own State Welfare Department? Address of the Virginia Department is 429 S. Belvedere St., Richmond 20.

★

"An Analysis of Some Major Problems in Relation to Senior Citizens of Delaware County, Pennsylvania" is the title of a 32-page mailing-size pamphlet recently published for Philadelphia's Health and Welfare Council. The articles, which appeared first as newspaper stories, present the story of aging in attractive and useful form. They were written by Herbert W. Gruber, Manager of the Social Security Office at 302 Fidelity Chester Building, 5th and Market Streets, Chester, Pa. Mr. Gruber can probably supply copies.

★

As still another contribution to the community the Senior Citizens Service Center of Los Angeles (see *Aging* 22 and 31) presents its eye-catching, mimeographed pamphlet "Safety Wise," addressed to older people, containing some 20 basic do's and don'ts to ensure safety in the home. Get your copy by writing the Center, 306 W. Third St., Los Angeles.

★

One of the many interesting features of the California Citizens' Advisory Committee on Aging quarterly newsletter *Maturity* is its section of Book Notes on publications relating to the arts and crafts, hobbies, travel, etc. Leaders of adult education groups should find it useful, and Louis Kuplan, Exec. Sec. of the Committee will probably be glad to put your name on the mailing list if you write him at 722 Capitol St., Sacramento.

A listing of the nearly 100 (as of Dec. 1956) research projects relating to aging conducted by the National Institutes of Health of the U.S. Public Health Service has been issued in mimeograph form by the Center for Aging Research. For a copy write to Dr. G. Halsey Hunt, Director of the Center, N.I.H., Bethesda, Md.

★

Social Planning for the Jewish Aged (Bulletin No. 3) issued by the Dallas Home for the Jewish Aged presents an outline of programs and services for a total community plan. Non-Jewish groups will also find it useful as a goal to shoot at in their own community activities. For a copy write to Herbert Shore, Exec. Dir., 2525 Center-ville Rd., Dallas, Tex.

★

A Progress Report on its Home Care Demonstration initiated in 1955 has been issued by the Visiting Nurses Association of Detroit. Project will continue through Dec. 1958, after which *Aging* expects to have a comprehensive evaluation story on it. In the meantime, the Progress Report presents a number of tentative findings of importance. For a copy, write to Miss Emilie G. Sargent, Exec. Dir. of the Assn., 51 West Warren Ave., Detroit 1.

★

"Unions and Their Senior Citizens" is a description of the retirement program developed by District 65, Retail, Wholesale and Department Store Union AFL-CIO. The article which appeared in the *Industrial Bulletin*, issued by the New York State Department of Labor, has been reprinted in an attractive format. Copies may be had from The 65 Pension Plan, 13 Astor Place, New York 3.

★

A summary of the various aspects of the housing problems which older people encounter—including design, location, financing, etc.—appeared in the March issue of the *Bulletin of the Institute of Gerontology of the State University of Iowa*. Author is Mrs. Mabel I. Edwards, Research Associate of the Institute. Requests for copies may be addressed to the Institute at Iowa City.

★

Ten Tips Toward Tax-Supported Community Health Services is a 24-page pamphlet, published by the National Health Council which gives down-to-earth advice on how to get more or better health services in your community. While not particularly oriented to aging, the approach can be profitably employed by any local aging committee. Single copy 25 cents—quantity discount—from the Council, 1790 Broadway, New York 19, N. Y.

If you do not desire to continue receiving this publication, please CHECK HERE ☐; tear off this label and return it to the address at the left. Your name will then be promptly removed from the appropriate mailing list.

PENALTY FOR PRIVATE USE TO AVOID
PAYMENT OF POSTAGE, \$300
(GPO)

Looking Toward Retirement is the title of a folder announcing the 1957 edition of TVA's program of selection and preparation for retirement. The program, including group and individual counseling and medical examinations, is sponsored by a Joint Union-Management Committee. For a copy of the folder write to E. B. Shultz, Chief, Labor Relations Branch, Division of Personnel, TVA, Knoxville, Tenn.

★

Physical Abilities to Fit the Job. Published by Engineering Dept. of American Mutual Liability Insurance Co., Boston 17. (No price given.) States that "job placement should be recognized as a continuous process of adjusting the changing worker to his changing working environment". Cites figures minimizing importance of general physical "fitness", as, in the company surveyed, 1770 out of 1782 applicants, including ill, injured and older workers were successfully placed. Good reading for personnel workers for its constructive suggestions on using the older worker safely.

★

The always rewarding supplement to the *State University of Iowa's Bulletin "Adding Life to Years"* presents in its No. 11, Volume 3 "The Community and Education for the Aging", an article by Dr. Hew Roberts, Professor of Education at the University. Theme is that the necessarily reciprocal relationship between the community's responsibility to the older citizen and his equal responsibility to the community may be achieved through adult education. Write Institute of Gerontology at the University, Iowa City.

★

The quarterly *Newsletter of the Gerontological Society* is getting better and better. Now 12

pages, the March 1957 issue contains articles on the ability to fly, stress, rehabilitation, and nursing homes, in addition to much increased space devoted to news items, book notices, etc. The *Newsletter* is sent to members of the Gerontological Society, Inc., 660 S. Kingshighway Blvd., St. Louis 10. Executive Secretary is Mrs. Marjorie Adler. Editor is Professor Oscar Kaplan, San Diego State College, California.

★

Through a bad lapse in synchronization (which occurs sometimes in editorial offices) *Aging* neglected to call attention to the December 1956 issue of *Public Health Reports* which contains an important group of articles on the health and medical needs of older persons. These include "Programs for the Aged" by Surgeon General Leroy E. Burney of the Public Health Service, and five papers on current trends in gerontology presented at the research seminar of the 1956 University of Michigan Conference on Aging. Among the authors represented are William B. Kountz, James E. Birren and Nathan W. Shock. Copies of the issue, at 55 cents, may be had through the Superintendent of Documents, Government Printing Office, Washington 25, D. C.

(Continued from page 3)

representatives of community services, church groups, personnel directors and managers of local business concerns; nursing home operators, and old-age home administrators.

Further information on Mountainview may be had from Mr. Parks of the Council at 120 Hall St., Spartanburg, S. C.

TO AVOID
\$300

les on
nurs-
space
The
Geron-
Blvd.,
Mar-
aplan,

which
neg-
issue
in im-
medi-
"Pro-
Leroy
d five
ented
ersity
g the
ames
f the
uper-
nting

urch
local
and

y be
St.,